

# Cost of Treatment



We accept insurance for ketamine and behavioral health treatments.

Please visit our website [here](#) for information on insurance payers. Below is a table of self-pay prices.

Intake Process	\$75	This cost covers the entirety of the clearance process, including medical intake, behavioral health intake if required, and obtaining external records if required. Intake appointments with clinicians are roughly 45-60 minutes.
Intramuscular (IM) Ketamine Series	Series of 6 IM sessions at \$315 each, or \$1699 if paid in full. <sup>1</sup> Ongoing maintenance sessions at \$315 each	Our induction series includes 2 sessions a week for three weeks. These sessions utilize intramuscular ketamine and are roughly 1 hour and 30 minutes.
Integration	\$149 per 50 minute session, \$99 per 30 minute session	This session is closer to traditional talk therapy and does not utilize ketamine. It is recommended to engage in integration through the duration of your ketamine series.
Ketamine Assisted Psychotherapy (KAP)	\$374 per session	A guided ketamine session in which you engage in talk therapy. This session type is often utilized before the IM induction series to become familiar with the experience.

## Intake Process

### Step 1: Medical Intake

This initial consultation will occur with a medical provider via telehealth. In this meeting, our provider will review your medical and behavioral health history, as well as current and historical medications. Following this consultation, the provider *may* determine we need more information and request additional clearance prior to proceeding.

### Step 2: Additional Clearances

Additional clearances may include **1)** coordination with an external provider for collaboration or records. To communicate with an external provider, we must have a **Release of Information** on file. Another form of clearance we may require is **2)** a behavioral health intake with a Klarisana behavioral health provider. This session is virtual, and typically takes about one hour to complete.

If the medical provider has determined you are **cleared to begin treatment** following your initial intake, our administrative team will be notified and we will contact you to schedule your sessions.

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<sup>1</sup> If a client pays in full, and decides after completing at least one (1) session that they would like to cancel the remaining sessions, client will be refunded the difference of the individual rate, making the discount ineffective i.e., if a client completes one session, the refund would be for \$1,384.

## *Services*

### **Intramuscular Ketamine: Induction Series**

Klarisana offers intramuscular (IM) ketamine treatments. Our standard induction series consists of 6 IM ketamine treatments over a course of three weeks. These sessions are scheduled twice per week for three weeks, and each session is about one hour and thirty minutes.

Please note that these sessions are not accompanied with a therapist - most clients are fully dissociated during their sessions. Our medical team monitors each client from in the clinic just outside the patient's room throughout their session via video. Additionally, each room is equipped with a call button that can be utilized to notify staff of any needs that arise during the session, such as water or using the restroom.

Driving is not permitted post-ketamine administration. You are welcome to Uber or utilize another transportation service. Failure to comply with this rule will result in immediate termination as a patient.

### **Intramuscular Ketamine: Maintenance**

After the completion of the Induction Series, we offer Maintenance IM Sessions for our patients. Maintenance Sessions can be scheduled once every 3 weeks, however, we highly encourage each client to determine a maintenance plan with their provider.

### **Behavioral Health: Integration and Ketamine Assisted Psychotherapy**

Behavioral health services include Integration Sessions and Ketamine-Assisted Psychotherapy (KAP) Sessions. An Integration Session is a 1-hour talk therapy session that is normally scheduled after every 2 ketamine sessions during the Induction Series to help you process the experience.

A KAP Session is a 1-hour talk therapy session combined with a low dose of ketamine administered with a shot under the skin. Some patients may choose to start with KAP to ease into an induction series later on, however, these sessions cannot occur concurrently with your Induction Series.

## *The Ketamine Experience*

This state can vary widely among clients and is often experienced along a spectrum. At one end of the spectrum, some clients may experience **no discernible dissociative effects or mild dissociative effects**, feeling only a gentle sense of relaxation and perhaps a subtle elevation of mood. This mild dissociation may bring about slight changes in perception, cognition, and emotion, such as heightened sensory experiences or a softening of time awareness.

Moving along the spectrum, some clients may enter a state of **moderate dissociation**, characterized by sensations of floating or experiencing visuals akin to looking through a fog. Tunnel vision may occur, and there might be a feeling of temporarily leaving the immediate environment. Grounding techniques can help maintain a sense of presence. Vivid imagery might manifest, enriching the internal landscape of the experience.

At the higher end of the dissociation spectrum, **profound dissociation** may occur, marked by a sense of ego dissolution and detachment from reality. Clients may feel profound awe and wonderment, experiencing a profound sense of unity or oneness with the universe. For some, this state may even resemble experiences of death and rebirth, offering profound insights and transformation.

While this spectrum provides a framework for understanding the range of experiences during treatment, it's important to recognize that individual responses to ketamine can vary due to factors such as personal history and sensitivity. Our team at Klarisana works closely with clients from intake through their induction series and beyond to ensure comfort with their level of dissociation. Occasionally, clients may have less-than-ideal experiences, aiding in finding their optimal dosage. However, each session, regardless of its nature, brings clients closer to their treatment goals, fostering healing and growth along the way.

**klarisana**

Ketamine Therapy  
& Mental Health Clinics